

Affording Degree Completion: An Experimental Study of Completion Grants at Accessible Public Universities

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EXECUTIVE SUMMARY

Increasing equity in graduation rates and reducing time-to-degree are central concerns for colleges and universities around the country. With the price of college higher than ever, difficulty paying for college is a reality for most students. Financial shortfalls in the final years of college, created by escalating costs and/or declining financial aid, lead many students to leave college without degrees in hand. One increasingly common approach is providing completion grants to students who are nearing the finish line but facing financial challenges. Completion grants are awarded based on need, measured through administrative data and are awarded proactively, not requiring an application.

This study is the first to rigorously examine the efficacy of completion grants across a broad range of public universities with a large sample of students. Using an experimental design and common program model across 11 broad-access public universities in ten states, we tested the efficacy of a completion grant with an average grant value of approximately \$1,200 distributed among more than 14,000 students. Eligible students were identified in fall 2018 as nearing degree completion and having substantial unmet need, according to administrative data. Based on available funding, a subgroup of students (16%) was then randomly selected to receive the grants. We examine the academic performance and attainment of all eligible students, comparing grant recipients and non-recipients over the next three years to assess program impact.

We find that, despite university expectations, only two-thirds of eligible students graduated within the academic year. Receiving a completion grant did not improve that rate. However, nearly all eligible students (95%) graduated within three years or were still working on their degrees, regardless of whether they received a grant. This raises concerns about universities' ability to correctly identify students nearing completion, and about the possibility that completion grants are awarded to students who are already very likely to succeed, despite some evident financial need.

While completion grants are intended to enhance equity, we do not find evidence that they exerted positive impacts for marginalized groups as designed in this study. Moreover, while there was some program implementation variation across universities, it did not lead to differences in program impact.

These results should inform the practice of completion grant programs, both in terms of their overall return on investment and how they are targeted and deployed. Effectively leveraging resources requires ensuring those dollars reach students whose outcomes are most affected by the support.

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INTRODUCTION

With college and universities across the United States enrolling greater numbers and more diverse cohorts of students, America's postsecondary system is increasingly focused on how to equitably serve students. While the number of degree earners and rates of college completion have steadily increased in the U.S. over the past decade, particularly at four-year institutions (from about 1.24 million graduates in 2001 to about 1.98 million graduates in 2018), disparities in graduation rates persist for low-income and underrepresented racial minority subgroups (NCES, 2020). Moreover, time-to-degree extends well beyond four years across the nation and, as with other outcomes, time-to-degree is longer for many structurally marginalized groups (NCES, 2021). These gaps in opportunity and success have a direct negative impact on students and their families. For example, many students who progress several years into their academic journeys accumulate significant debt but do not complete their degrees due to unmet financial need. As a result, nearly 40% of borrowers are trying to pay off loans without the benefit of a degree (Bernard, 2022). They are disproportionately from low-income households and/or structurally minoritized.

Seeking to increase graduation rates and enhance the odds of debt repayment, postsecondary institutions developed a range of strategies aimed at understanding and meeting the changing affordability needs of their students. These efforts include food and housing programs to addressing struggles with living costs, textbook affordability initiatives, emergency aid, free tuition promise programs, and more. Recognizing that a growing number of students face financial shortfalls late in their academic journeys and struggled to continue in college due to unpaid institutional debts, completion grant programs began to proliferate in the mid-2010s. The theory of change was simple: colleges could use administrative data and account balances to identify students in financial trouble and add a grant to their financial aid package to reduce that need, hopefully promoting the odds of timely degree completion.

At the time completion grants began to be widely adapted there was little evidence that they were effective. A decade later, the evidence remains limited. Most promising are recent statistical analyses of Georgia State University's program, one of the first and widely considered a leader in the field. Evaluations show that receiving a completion grant is associated with shorter time-to-degree and less debt, but not higher graduation rates (Ascendium, 2019; Gumbel, 2020; Renick, 2016; Rossman et al., 2022). However, the evaluators were unable to adjudicate between two competing explanations: On the one hand, the grants could be boosting students to more positive outcomes. On the other hand, the grants might be awarded to students whose outcomes were already

more likely to be positive, even without the grants. After all, the targeted students made substantial progress in college while facing unmet financial need, likely indicating stamina, other resources, and navigational know-how.

With limited resources at institutions of higher education, the question of whether completion grants are effective at improving graduation rates and reducing time-to-degree is important. Answering that question requires understanding what the outcomes of grant recipients would be if they *didn't* receive completion grant aid.

Using a randomized-control trial design, with support from the Institute for Education Sciences and a partnership with the Association of Public and Land-grant Universities (APLU), this study estimated the causal impact of completion grants for students nearing graduation across 11 public, open- and broad-access institutions across 10 states. Specifically, we tested the efficacy of a completion grant program with an average grant value of approximately \$1,200 distributed among more than 14,000 students. Students did not apply for the grants; they were awarded based on administrative records indicating that they were advanced in their educational trajectory and had unmet financial need. Like the Georgia State approach, these grants were proactively packaged and were not responsive emergency aid awarded due to a particular crisis identified by students.

We estimate both average and heterogeneous impacts on completion and time-to-degree. We find that completion grants in this study did not move the needle in a meaningful way, on average or for specific groups of students. There is also no clear evidence suggesting that program effects varied or promoted equity. Moreover, while there was some program implementation variation across universities, it did not lead to differences in program impact.

Affordability and Degree Completion

With the average graduation rate of postsecondary institutions prior to the COVID-19 pandemic hovering at 60% for more than a decade, higher education institutions have been looking for ways to improve this rate, particularly for structurally minoritized students (Causey et al., 2020). One factor influencing degree completion is students' ability to afford expenses (tuition and otherwise) during college. Many studies show that financial challenges increase stress, distract from learning, increase debt and reduce the odds that students will successfully complete college (e.g., Anderson et al., 2020; Bettinger et al., 2019; Broton et al., 2016; Castleman et al., 2018; Goldrick-Rab et al., 2016).

Sometimes college becomes less affordable as students get closer to degree completion. Annual tuition increases and additional fees associated with higher-level courses (a problem particularly salient for students in STEM fields) cause students' costs to increase (Goldrick-Rab et al., 2021b; Ma et al., 2020; NCES, 2018). Access to continuing federal financial aid (both grants and loans) depends on making Satisfactory Academic Progress (SAP) and some state aid programs add additional requirements measured through a complex set of metrics. Many students lose aid as a result (Schudde & Scott-Clayton, 2016; Lee, 2021). Living costs, a key component of college prices, rise due to increases in rent, the price of meal plans and health care, and so on. Moreover, since the average student requires more than four years to graduate (NCES 2021), costs of attendance continue to compound at the same time as students' remaining available aid dollars are depleted (Abdul-Alim, 2016; APLU, 2016; Katsinas et al., 2013).

The Evolution of Completion Grants

Georgia State University is widely credited with pioneering the approach known as "completion grants." (Jones, 2022; Lee, 2022a) Its Panther Retention Grant program began in 2011 under the direction of Dr. Timothy Renick who was concerned about students who were leaving college due to what appeared to be relatively small financial obstacles. These challenges are especially common at Georgia's universities because of the rules associated with the state's longstanding HOPE grant, which includes performance requirements that often cause students to lose aid. The Panther grant was designed to offset that loss and specifically to help students (disproportionately in their last year of college) with unpaid debts to the university of at least \$2,500 or more (Weissman, 2022). Grants were as little as \$300 and averaged \$900. According to the university, one key aspect of the program is that students do not have to apply for the grant—instead "college administrators use existing records on financial need and degree progress to identify students and notify them they have been chosen for the grant. This allows students to skip filling out forms with information that colleges already have (Lee, 2022a.)"

Georgia State assessed its program and then, impressed by the high graduation rates of grant recipients, expanded the effort (GSU, 2018; Gumbel, 2020; Renick, 2016). By 2022, the university had awarded more than 10,000 completion grants (Weismann, 2022). That year Ithaka S&R reported that grant recipients completed college about a half a term more quickly than non-recipients and incurred less debt. However, graduation rates were unaffected (Rossman et al., 2022). Also, the analyses did not

address the potential that positive impacts were due to selection effects (who received the grant) rather than program impact.

In November 2022 the University Innovation Alliance (UIA) held an event promoting the use of completion grants:

"Dr. Renick summarized the results of a just-completed study of Georgia State undergraduates between 2013 and 2021. In comparing completion and graduation rates for students that never had to stop out for a financial reason versus those that did, it was 70% to 20%. For seniors alone, the difference was 80% to 30%. The truly significant number was revealed by comparing this 50-point gap with students who received a completion grant:

[Dr. Renick said] "For an average grant of about a thousand dollars, the graduation rates for those students go right back up to 80%. So it completely fills the outcome gap. These students are not stopping out, because we proactively provide the money to keep them enrolled. Do you know of other uses of institutional aid where for a thousand dollars you can change the outcomes from a 30% graduation rate to an 80% graduation rate? You invest a little bit in these students, not only do they graduate at much higher rates, but the institution generates more revenue by holding onto these students. It's in effect the fiscally selfish thing to do; at the same time, it's the morally right thing to do (Burns, 2022)."

Many in the higher education field were inspired by and learned from Georgia State. A 2016 survey by the National Association of Student Personnel Administrators revealed that almost one-third of institutions offered some type of program aimed to address affordability challenges. Many were focused on "near-completers"—students holding almost enough credits to complete their degree—though the majority were not titled "completion grants" and were informal programs funded with institutional dollars (Kruger et al., 2016). Today, there are completion grant programs funded with state as well as institutional dollars. In 2020 the Georgia governor allocated \$5M to the effort, and in 2022 he signed legislation expanding the practice (Lee, 2022b).

Philanthropy played a key role as well. In 2015 the Lumina Foundation and the Ascendium Education Group funded a project headed by the APLU and the Coalition of Urban Serving Universities, to create completion grants programs at nine universities. The initiative began with a workshop at APLU's annual meeting in November 2015 where four universities detailed their programs. Subsequently, APLU opened a request

for proposals which provided participating institutions with \$50,000 to initiate or scale-up existing programs by 2018. Knowing these institutions would not have the funds to serve all students with unmet need, the program focused on “near completers.” It was at that point that the specific phrase “completion grants” was coined. Grants ranged from \$500 to \$1,500 and were aimed at currently enrolled students within 30 credit hours of degree completion with “genuine unmet need and an unpaid university balance.” More than 1,200 grants were distributed with and 93% of recipients completed their degree or remained enrolled a year after they were awarded (APLU, 2016).

In 2017 The Bill and Melinda Gates Foundation invested approximately \$4 million in another project on completion grants run by the UIA. Over three years 11 UIA institutions distributed those funds to nearly 5,000 students (the average grant was \$741). At the conclusion of that work, the UIA reported that 83% of recipients completed their degrees or remained enrolled in college (University Innovation Alliance, 2021). The organization also released a playbook to inform broader practice (Ascendium, 2021).

Clearly, completion grants have become a popular practice. They are driven by well-founded concerns with college affordability and an equity lens that recognizes that financial challenges disproportionately harm the graduation prospects of structurally disadvantaged students. Program design seeks to reduce administrative burden on students by not requiring an application, instead aiming to provide students with money and get out of the way. The theory of change is strong and common to many need-based grant programs.

On the other hand, there are many reasons why the positive outcomes of completion grant recipients may not be caused by the grants. The focus on awarding money to “near-completers” may introduce a type of survival bias, upwardly biasing outcomes by targeting resources to students who would make it to the finish line without them. The results may also depend on institutional attributes and resources such as advanced student tracking systems or larger-than-average numbers of staff focused on student aid and assistance. It is likely that institutions with higher levels of disadvantaged students or lower levels of federal and state investment, for example, may have different results than similar grant programs due to the administrative demands of such a program (Goldrick-Rab et al., 2021c).

It is also possible that targeting completion grants based on need is hindered by a reliance on administrative records and a focus on unpaid balances as a measure of unmet need. Financial aid data comes from complex forms using information that is

often years old and frequently reflects parental rather than student resources. A students' institutional balance may be low even though their challenges with living expenses are substantial. Therefore many emergency aid programs use an application to help students obtain help for immediate needs and allow those needs to go beyond what is owed to the institution (Goldrick-Rab et al., 2021a).

For these reasons, this rigorous evaluation of completion grants that looked at efficacy across multiple universities was needed. We considered the following questions:

- (1) Do completion grants exert an independent positive impact on students' academic performance or attainment in college?
- (2) Does that impact vary depending on program implementation?
- (3) Does that impact vary among demographic subgroups of students?

RESEARCH METHODOLOGY

Financial aid is delivered to students by programs run by people. How funding reaches students depends on the design and administration of those programs (Goldrick-Rab, 2016). Thus, to optimize the odds that completion grants would effectively support students, prior to this evaluation we spent a year working with universities to develop a completion grant program model that was like the pioneering one at Georgia State while also appropriately adapted to individual university contexts (Goldrick-Rab et al., 2021c). During that stage we identified commonalities in programming as well as areas of divergence. We then convened the universities to co-construct a consistent program model for evaluation.

Setting

The 11 universities in this study collectively serve more than a quarter million undergraduates, averaging 25,000 undergraduate students each (Table 1). They are largely located in urban areas in the South, geographically like Georgia State. All share both a research mission and an access mission, with an average admissions rate of 66%, making them "broad" access. More than half of the enrolled students are from minoritized (non-White) backgrounds, 40% are Pell recipients, and just over half are attending university in their home state.

The participating universities are:

- Arizona State University
- Florida International University
- Portland State University
- University of Illinois at Chicago
- University of Memphis
- Florida State University
- Indiana University Purdue University Indianapolis
- University of North Carolina at Charlotte
- University of Colorado Denver
- Rutgers University - Newark
- Virginia Commonwealth University

All 11 universities have substantial challenges promoting timely degree completion. The average four-year graduation rate is 30%, with an average six-year rate of 56%. This is an affordability challenge, as the average in-state cost of attendance is just over \$25,000 a year, and half of the students use federal loans to pay for college.

TABLE 1 | INSTITUTIONAL CHARACTERISTICS OF PARTICIPATING UNIVERSITIES

	Average / Percentage
Institutional Characteristics	
Total undergraduates (N)	25,273
Academics	
4-year Bachelor's degree completion rate (%)	30
6-year Bachelor's degree completion rate (%)	56
Admissions rate (%)	66
Non-White (%)	53
In-State (%)	53
Region	
South (%)	45
Southwest (%)	18
Midwest (%)	18
Pacific Northwest (%)	9
East (%)	9
Urbanicity	
Rural (%)	0
Suburb (%)	9
Small city (%)	0
Midsize city (%)	27
Large city (%)	63
Financials	
In-State Tuition and fees (\$)	9,429
In-State Cost of attendance (\$)	25,666
Pell* (%)	40
Federal student loans* (%)	49

Source | Where * is listed data is from 2015-16 College Navigator website; otherwise data is drawn from fall 2016

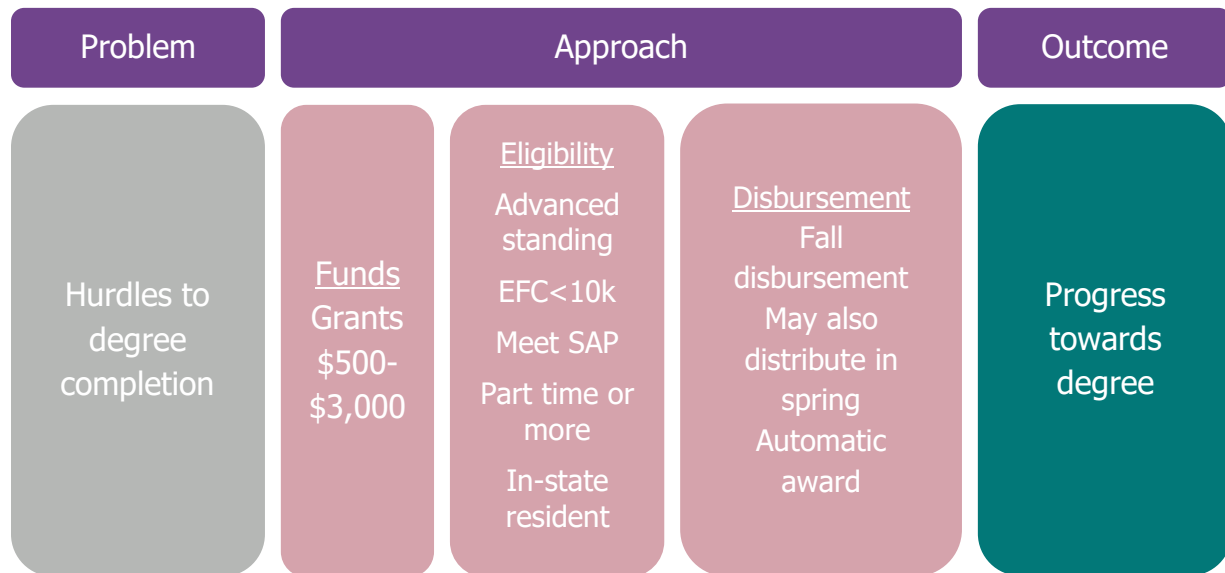
Notes | Percentages may not add up to 100% due to rounding error.

Intervention

Completion grants are intended to help students approaching graduation stay on track by addressing their unmet need. Following the example of the Georgia State model, the programs are targeted, use administrative data rather than an application to identify recipients, and address unmet financial need by offering a meaningful amount of grant funding (averaging around \$1,000). Though there was some slight variation in program implementation across the 11 participating universities in this study, all adhered to

those basic principles with a focus on five core design elements: money, requirements, eligibility, messaging, and timing (Figure 1).

FIGURE 1 | COMPLETION GRANTS PROGRAM MODEL



Across all institutions completion grants were distributed without repayment requirements.¹ The grant amount varied from \$500 to \$3,000 with an average of \$1,200 and grants were packaged to not exceed the student’s cost of attendance. In a point of divergence from the Georgia State model, the universities agreed that in order to promote graduation, students should receive completion grants if they had unmet need, regardless of whether that was a balance due to the institution or a shortfall of funding for living expenses.

Targeting the grants to near-completers was challenging, especially since few universities had accurate degree audit practices in place. Instead, they decided to focus the grant on students who had already completed at least 75% of the credits required for degree completion. If the students were on a four-year graduation track, that

¹ One institution conducted the pilot study using a loan approach to the completion funds. They agreed to use grants for the fall 2018 term to be part of the study. However, subsequent site visits suggest they may have reverted to the loan model without notifying researchers at the time. This institution also awarded funds substantially later than any other institution and is excluded from some analyses due to these variations from the common model.

would be the equivalent of targeting funding to seniors; however, the four-year graduation rate at these universities averaged about 30% (Table 1).

Other eligibility requirements included: completion of a Free Application for Federal Student Aid (FAFSA) application; an Expected Family Contribution (EFC) of \$10,000 or less (within 200% of Pell Grant eligibility); compliance with satisfactory academic progress (SAP) requirements, as defined by the institution; in-state residency; and a current course load of at least six credits. Students did not have to have maxed out all federal aid eligibility (including loans) to receive a completion grant.

Institutions used standardized email messaging to notify students of their award and encouraged, but did not require, that they complete other institution-specific activities.² For example, several universities had previously required academic advising meetings to receive their completion grant. While these were no longer required, they were still available to all eligible students.

Completion grants were awarded for up to academic year (2018–19, institutions could award both fall and spring or only fall) and then we measured academic outcomes for three years to assess program impact.³ Grants were automatically packaged without an application required, and with just one exception packaging occurred no later than two weeks following the start of term.

Student Sample

Each university funded their own completion grants and aimed to support an average of 200 students. In summer 2018 they identified eligible students using administrative records (14,226 in all) and then, with our support, selected participants using a lottery with separate draws for Pell recipients and non-recipients. Across universities, 16% of eligible students were selected to participate in the program. The average award was approximately \$1,200, and ranged from \$223 to \$3,000 (Table 2).

² See [Appendix Figure A-1](#) for a sample of the messaging used for this study.

³ Two institutions offered the grants in spring 2019 due to attrition in the initially eligible sample which allowed them extra funds to disburse – a new sample was pulled for spring 2019 following the eligibility criteria to receive the remaining funds. One institution required a second randomization like the other two institutions but awarded the grant during fall 2018. Two other institutions elected to distribute aid across the two terms as opposed to providing a lump sum in fall 2018.

TABLE 2 | PROGRAM ELIBILITY, RECEIPT, AND GRANT SIZE BY UNIVERSITY

Institution	Total eligible	Received Completion Grant		Completion Grant Award (\$)	
		Percent Served (%)	Total Served	Average	Maximum
Overall	14,266	16	2,231	1,232	3,000
Arizona State University	2,446	17	410	985	1,000
Florida International University	832	12	100	1,000	1,000
Portland State University	1,369	9	125	1,586	2,000
University of Illinois at Chicago	3,223	5	146	499	5,000
University of Memphis	342	58	198	2,995	3,000
Florida State University	2,082	9	196	1,000	1,000
Indiana University Purdue University Indianapolis	1,010	20	200	995	1,000
University of North Carolina at Charlotte	1,068	20	210	1,500	1,500
University of Colorado Denver	1,099	18	199	1,000	1,000
Rutgers University - Newark	183	28	51	1,500	1,500
Virginia Commonwealth University	572	69	396	993	1,000

Source | Data are obtained from institution records.

Notes | Award amount could not exceed student's unmet need, therefore, a small number of students in the treatment group received award amounts of \$0 (contact authors for details). Percent who received a completion grant is of total eligible students.

Eligible students certainly appeared to be nearing degree completion at the time they were selected for a completion grant. While they were only required to have completed 75% of their credit requirements to be eligible for a grant, on average they had completed 93% (Table 3). More than four in five students were enrolled full-time, suggesting that they should graduate within the academic year.

According to their financial aid package, these students also needed financial support—their average EFC was just over \$1,700, with an average family income of about \$23,000. Almost half of the students were independent for financial aid purposes and 85% were Pell eligible. They faced unmet need of more than \$6,000 and almost sixty percent had accepted federal student loans.

Gender and racial/ethnic representation in this sample favors female-identified students (55%), as it does nationally, and is majority-minority: 28% of students are Latinx, 13% are Black or African American, and 12% are Asian.

Eligible students were divided into equivalent groups of recipients and non-recipients prior to the time that grants were awarded. In accordance with What Works Clearinghouse standards, the small baseline differences were adjusted through statistical modeling that would allow us to obtain unbiased estimate of program impact.⁴

⁴ WWC guidelines require that variables with effect sizes between 0.05 and 0.25 be used as control variables in all statistical analyses (What Works Clearinghouse, 2020).

TABLE 3 | BASELINE COMPARISON OF STUDENTS BY TREATMENT STATUS

Student Characteristics	All	Treatment Status		Effect Size Difference
		No Completion Grant	Completion Grant	
Variables Used in Randomization				
Average percent of degree credits completed (%)	93	93	93	0.06
Enrolled at full-time status (%)	81	81	80	0.03
Took out student loans (%)	58	57	64	0.15
Pell eligible (%)	85	85	85	0.00
Average unmet need (\$)	6,183	6,191	6,140	0.01
Average EFC (\$)	1,728	1,719	1,776	0.02
Additional Demographics (post-randomization)				
Race/Ethnicity: Asian (%)	12	12	10	0.10
Race/Ethnicity: Black or African American (%)	13	12	17	0.25
Race/Ethnicity: Latinx (%)	28	29	22	0.22
Race/Ethnicity: White (%)	41	41	43	0.07
Female (%)	55	55	59	0.09
Independent on FAFSA (%)	48	47	51	0.10
Average family income '18-'19 (\$)	23,016	22,364	26,531	0.18

Source | Data are obtained from institution's administrative records.

Notes | N=14,226 (completion grant group=2,226, no completion grant group=12,000). The column for "Difference" includes effect sizes calculated according to What Works Clearinghouse standards. Family income is a combination of student income and parent income as reported on the FAFSA. Percent of degree credits completed refers to the percentage of needed credits to graduate from the university attended already completed at the time of randomization. Percent of students who took out student loans refers to the percent of students who took out any kind of federally reported student loan of any amount. Independent on the FAFSA refers to the percent of students who have been determined to be independent for FAFSA filing purposes, and therefore do not need to report parental income. Nine of the 11 universities have no missing data. University of Illinois at Chicago has two students with missing FAFSA information. Rutgers has no information on the independent status of participants. The remaining missing data are from Florida International University. Missing values on continuous variables have been mean imputed. Frequency of missing are as follows: female (23), took out student loans (81), Pell eligible (81), race and ethnicity (210), independent on FAFSA (85), EFC (83), unmet need (81), and percent of degree credits completed (81). Full-time enrollment and family income have no missing values. See [Appendix A-1](#) for differences within each institution.

Implementation

Prior to examining the impacts of completion grants on program outcomes, we checked to ensure that students received the grants, which often means more than simply packaging the dollars. In order to use the funds, some research indicates that students need to know that they received dollars and know where they came from and how they can be used (Goldrick-Rab, 2016). This can be challenging in large bureaucracies like universities which distribute a lot of financial aid.

Evidence from a survey fielded to all eligible students shortly after grants were distributed confirmed that grant recipients were more likely to know that they received a grant from their university.⁵ When asked about the sources of their financial aid, 78% of completion grant recipients said they received a grant from their university, compared to 59% of non-recipients ($p < .001$). While this sizable difference is promising, this also means that 22% of students who received a completion grant in their aid package did not recognize that it came from the university. Also, a sizable fraction of eligible students (almost 60%) already received institutional support (Table 4).

Broadly consistent with their assessment of types of financial aid they received, a higher percentage of completion grant recipients reported that they used grants from the university to pay for college. (However, more students seem to use institutional aid to pay for college than actually recognized that they received any.) Notably, a lower percentage of completion grant recipients reported that they were using credit cards to pay for college (28.4% vs. 32.9% among non-recipients, $p < .01$).

⁵ We fielded a survey to a subsample of eligible students ($n=6,000$ in treatment and control groups) in the baseline year (fall 2018) to capture student experiences with grant receipt. The survey obtained a response rate of 65%.

TABLE 4 | PAYING FOR COLLEGE, BY TREATMENT GROUP

	Treatment Status		Difference
	No Completion Grant	Completion Grant	
Way I Pay for College (%)			
Government	92.40	93.41	1.04
Grants from university	70.94	84.09	13.96 ***
Credit cards	32.90	28.42	-4.54 ***
Employer	15.78	15.35	-0.43
Family/Friends	49.19	52.07	2.88
Loans	72.26	74.20	1.94
Savings	48.22	50.17	1.95
Financial Aid Type (%)			
Pell	86.57	86.52	-0.06
Grant-State	55.06	59.15	4.10 *
Grant-University	59.50	78.28	19.45 ***
Loan-Federal	68.02	70.09	2.08
Loan-College	16.19	16.38	0.19
Loan-Private	8.48	10.52	1.99 *

Source | Survey administered to survey sample during winter 2018-19.

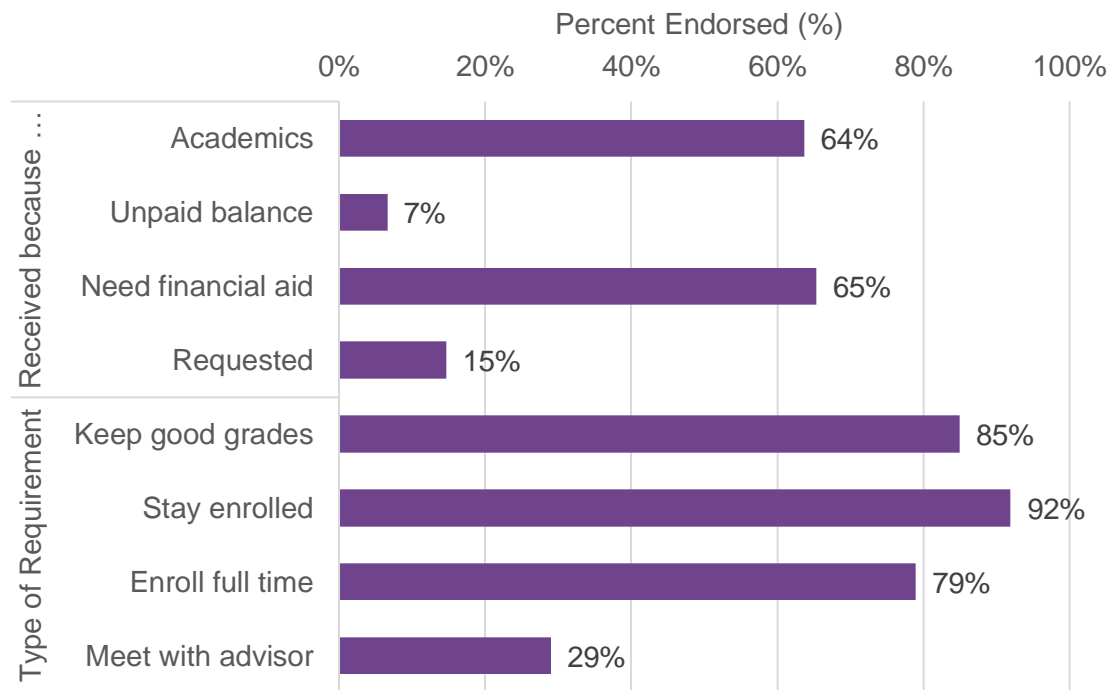
Notes | *=p<.05, **=p<.01, ***=p<.001. Total survey sample includes all students in study sample who responded to survey (completion grant(n)=1,348; no completion grant(n)=2,575), sample size may vary slightly by survey question. Analyses are comparison between treatment and control groups in survey sample estimated with multivariate logistic regression and controlling for variables not equivalent at baseline including: student loan status, race, gender, and FAFSA independence. Results presented as predicted probabilities from marginal means.

That promising result is undermined, however, by evident confusion among students about why they received the grant or what they had to do to retain the funds (Figure 2). While two-thirds correctly understood it was awarded based on need, almost the same fraction thought it had to do with their academic performance, which their comments on the surveys suggested meant their grades. Indeed, 85% thought they had to get good grades to keep the grant, 79% thought they had to stay enrolled full-time, and 29% thought they had to meet with an advisor. In other words, many

students perceived the grant support as conditional and not without strings—despite the lack of messaging to them indicating those requirements.

Also, even though the grants were awarded by universities, they appear to have no discernible influence on students’ connection to their financial aid office or sense of empowerment around financial stability (see [Appendix A8](#)).

FIGURE 2 | STUDENT PERCEPTIONS OF COMPLETION GRANT REQUIREMENTS AND ELIGIBILITY



Source | Survey administered to survey sample during winter 2018-19.

Notes | Sample includes all students in treatment group who responded to survey n=1,384 though each question has a different sample size due to missing data and skip patterns.

Data and Analytic Approach to Estimating Program Impacts

We collected detailed administrative records on students’ demographic characteristics, financial aid package, and academic transcripts in order to estimate the average program impact. Using Equation 1 we estimated the causal impact of treatment on key academic outcomes using the Intent-to-Treat (ITT) framework. This measures the effect of being randomly assigned to get a completion grant. In this study nearly all

students who were supposed to get completion grants did receive them, so results for a Treatment-on-Treated (TOT) do not substantively differ.

$$(E1) \quad y_i = \alpha + \beta * \text{Treatment}_i + X_i + I_i + \varepsilon_i$$

y_i represents an outcome for student i , Treatment_i is an indicator variable for whether a student was assigned to the treatment group (i.e., student was awarded a completion grant), X_i is a vector of additional student-level covariates included when not equivalent at baseline, I_i represents institution-level fixed effects, and ε_i is a term for student-specific random error. β represents the treatment impact, the average difference in outcome y_i for the treatment group relative to the control group. If completion grants are effective, estimates of β are expected to be positive, statistically significant, and substantively important.

When analyzing variation in the impacts of completion grants, whether across universities or across subgroups of students, we included an additional covariate or set of covariates to examine subgroup-specific impacts (e.g., Completion Grants x Male). Where outcomes are continuous, we use a linear regression model, where outcomes are dichotomous, we rely on a logistic framework and report coefficients of these models as log-odds.

AVERAGE IMPACTS OF COMPLETION GRANTS ON ACADEMIC OUTCOMES

Do completion grant programs at public universities exert an independent positive impact on the odds that students will complete degrees faster or at a higher rate? We turn to the evidence, beginning with a descriptive look at how students fared if they were not offered completion grants.

Recall that the primary eligibility criteria for these grants was that students were “near-completion” at the time of selection, meaning that they had completed at least 75% of their credits for a degree. The universities identified numerous students exceeding that criterion, and as a result the average percent of credits completed for a degree was 93% *before* grants were awarded (Table 3). Since more than 80% of students were enrolled full-time, the universities anticipated that most students—particularly those offered these additional grants—would graduate from college within the same academic year. Instead, just two-thirds graduated in that timeframe (Table 5). It took two academic years following the time the grant was awarded for most students to finish (88.9%). Moreover, nearly all students deemed eligible for the grant graduated or remained enrolled in three years of the time it was awarded (95%). Thus, assessing

“near-completion” using a students’ credits alongside their SAP standing does not appear a very accurate proxy of how close they were to the finish line. However, it was useful in identifying a group of students with unmet need who, irrespective of the completion grant, would likely graduate.

The completion grants averaging \$1,200 did not substantively improve the odds that near-completers would graduate more quickly or at all (Table 5). Students finished approximately 22 additional credits in the year grants were awarded and took an average of 10 additional academic months to graduate. Despite the evident unmet financial need apparent in their administrative records, virtually all students (97%) were retained or graduated by the end of the first academic year, with the grants producing just a one percent higher in retention ($p < .05$) that quickly dissipated in the following years.

TABLE 5 | ADJUSTED INTENT-TO-TREAT ESTIMATES OF COMPLETION GRANTS ON ACADEMIC OUTCOMES

	No Completion Grant	Completion Grant	Impact	Standard Error
Months / Credits				
Credits completed 2018-2019	22.29	22.45	0.15	0.21
Months to graduation	10.66	10.67	0.01	0.17
Percent	Marginal Means			
Completed degree: Spring 2019	66.16	67.52	1.37	0.06
Completed degree: Spring 2020	88.84	89.05	0.22	0.08
Completed degree: Spring 2021	93.36	94.38	1.07	0.11
Completed degree or still enrolled: Spring 2019*	97.23	98.15	1.06 *	0.19
Completed degree or still enrolled: Spring 2020	94.88	95.32	0.45	0.12
Completed degree or still enrolled: Spring 2021	95.03	95.88	0.91	0.13

Source | Data are obtained from college administrative and National Student Clearinghouse records.
 Notes | *=p<.05, **=p<.01, ***=p<.001; N=14,226 (completion grant group=2,226, no completion grant group=12,000). However, for the model estimating the impact of completion grants on completed degree or still enrolled outcome in spring 2019, participants at UNCC (n=1,068) were excluded from the analyses as less than 2% of the sample were not enrolled or had completed a degree. Months to graduation is calculated only for students who graduated (n=13,111). Degree completion and continued enrollment are derived from multivariate logistic regression models: impacts are reported in predicted probability by way of marginal means. Cumulative credits, and months to graduation impacts are derived from multivariate linear regression models: impacts are reported in relative units. All models control for college fixed effects, gender, race and ethnicity, dependency status on the FAFSA, family income, percent of credits needed to complete college, and whether student has loans. Nine of the 11 universities have no missing data. University of Illinois at Chicago has two students with missing FAFSA information. Rutgers has no information on the independent status of participants. The remaining missing data are from Florida International University. Missing values have been mean imputed. Frequency of missing are as follows: female (23), took out student loans (81), Pell eligible (81), race and ethnicity (210), independent on FAFSA (85), EFC (83), unmet need (81), and percent of degree credits completed (81). Full-time enrollment and family income have no missing values.

We tested whether completion grants improved outcomes for marginalized students, examining subgroups based on gender, race, Pell receipt, or the amount of unmet need, and found no consistent and compelling pattern of evidence (see [Appendix Tables A4-A7](#) for more detail).⁶ Similarly, the variation in program implementation across universities (evidenced in Table 2) did not produce meaningful variation in program impact. Table 6 addresses that possibility and displays unadjusted results while concealing specific university names. While there is some indication that one college saw returns from distributing completion grants, further examining of the evidence using adjusted modeling and Hierarchical Linear Modeling did not reveal any clear indication that program attributes mattered.

⁶ There are some subgroups where one or two academic impacts are evident but these are likely subject to type 1 error, as the analysis makes a large number of comparisons (Wooldridge, 2015).

TABLE 6 | UNADJUSTED INTENT-TO-TREAT IMPACT ESTIMATES OF COMPLETION GRANTS ON ACADEMIC OUTCOMES, BY INSTITUTION

College	Difference Between Treatment & Control for:		Difference Between Treatment & Control for Completed Degree (%)			Difference Between Treatment & Control for Completed Degree or Still Enrolled (%)		
	Cumulative Credit	Months to Graduation	Spring 2019	Spring 2020	Spring 2021	Spring 2019	Spring 2020	Spring 2021
Overall	0.04	-0.07	1.77	0.30	0.95	1.01*	0.29	0.67
College A	-0.01	-0.05	3.26	0.69	1.78	0.74	1.21	1.94
College B	-0.94	-0.19	2.64	-0.07	-0.30	0.96	2.73	-0.26
College C	1.91	-0.45	2.10	0.22	-0.96	2.25	-1.11	-1.66
College D	-0.31	1.13	7.23	-3.38	-0.88	-1.46	-0.72	-0.96
College E	0.18	-1.05	8.84	8.04*	5.75*	5.72*	1.37	4.20
College F	0.23	0.06	3.61	-1.55	1.08	-	0.94	2.36
College G	1.10	-0.30	1.56	2.43	2.37	1.13	1.79	2.96
College H	0.19	0.74	0.98	0.73	0.68	-	0.44	0.51
College I	0.87	0.89	0.73	0.38	0.91	0.60	0.61	0.96
College J	0.44	0.11	0.28	0.49	0.66	0.90	0.81	0.88
College K	0.45	0.20	0.08	0.41	0.14	0.82	0.36	0.09

Source | Data are obtained from college administrative and National Student Clearinghouse records. Notes | *= $p < .05$, **= $p < .01$, ***= $p < .001$. Overall (N)=14,226 (completion grant group=2,226; no completion grant group=12,000). Months to graduation is calculated only for students who graduated. Cumulative credits, and months to graduation impacts are derived from multivariate linear regression models: impacts (i.e., difference between treatment and control groups) are reported in relative units. Degree completion and continued enrollment are derived from multivariate logistic regression models: impacts are reported as the difference in predicted probability between the treatment group and control group by way of marginal means. Overall models include for college fixed effects. Spring 2019 results for Colleges F and H were not available as all students in control or treatment groups were enrolled or completed a degree.

DISCUSSION AND RECOMMENDATIONS

By examining an emerging practice in financial aid using rigorous methods and a large sample, this study offers information that should inform decisions made by practitioners and policymakers allocating limited resources. We find no clear evidence that completion grants are promoting graduation or improving equity. Thus, the results raise questions about the growing popularity of completion grant programs.

It seems likely that descriptive and anecdotal evidence on completion grants pointing to apparently positive results may confuse selection effects (who is eligible for completion grants) with program effects. For example, in this study nearly all the “near-completers” with unmet need graduated. If a university simply reported their graduation rates without offering information on how they would have fared *without* the completion grants, it might offer the impression that the grants improved graduation rates. In this large and diverse study they did not.

Caveats and Limitations

The large sample size in this study supports our confidence that the overall pattern of effects for completion grants is null. The main analyses have the statistical power to detect small effect sizes; the null effects are precisely estimated zeroes rather than an imprecise estimate of a true positive causal effect. The subgroup analyses have smaller samples, introducing the possibility that we might be failing to capture some small positive impacts of completion grants for specific types of students. But even if those were identified, the size of the effect would likely be too small to justify the monetary investment.

It is possible that the impact estimates are context specific. The participating universities offered a lot of institutional support, financial and otherwise, to students facing financial challenges. That about one in two eligible students in this study said they received institutional aid- even if they did not receive a completion grant- is clear evidence of this supportive context. Results might differ if completion grants were deployed in colleges or universities with fewer existing resources for students.

This evaluation began nearly two years prior to the COVID-19 pandemic, which greatly increased students’ financial needs, disrupted their academic plans, and introduced multiple new sources of financial aid supports (albeit temporarily). Grants were awarded in fall 2018 and students had nearly two years to complete college before the pandemic began—there was not a pattern of positive impacts during that time. Thus, it seems

unlikely that the effects we estimate were affected by the pandemic, but completion grants may work differently in the wake of the pandemic.

Recommendations

This study identified several ways to improving the practice of completion grant programs where they continue to operate. Universities (and students) need a more accurate assessment of students' standing as it relates to the timing of degree completion. Credit progress is clearly insufficient, as one in three students in this study did not complete in the near-term (a year). When this evaluation began just one university had a degree audit system capable of accurately and efficiently determining (e.g., not by hand or relying upon student self-reports) whether a given student was within a year of graduation. These administrative hurdles have an influence both on the cost-effectiveness of the completion grant program and its ability to target support to students truly nearing completion. Changing one's major, or simply carrying credits that do not contribute to a specific program's degree requirements, would also cause a credit threshold to mechanically overstate students' progress towards a degree

Program administrators should consider whether targeting resources to students in good academic standing, who already enjoy more access to federal and state aid, is the best use of resources. SAP standards have a disproportionate impact on marginalized students; even a single difficult semester can cause a hard-working and talented individual to lose their financial aid. It is worth experimenting with whether allocating institutional resources to near-completers who have lost that aid due to SAP would create a bigger difference in their outcomes.

Many students in this study did not know why they received a completion grant or what it required. Program administrators should improve the transparency and clarity of communications to students. They might also consider whether assessing students' needs using administrative records, rather than by engaging the student to determine that need, might be more effective. Emergency aid programs tend to use an application because FAFSA data often fail to identify students with basic needs insecurity—some students appear to have need that they have already covered through employment, while others have substantial need not revealed through a reporting of their parents' income. Perhaps universities could open access to completion grants via more than one route, including self-identification of need. This would also likely increase the odds that the students understand the purpose of the program.

In a time of tight budgets, growing accountability pressures, and widespread financial insecurity among students, higher education leaders are searching for new solutions. In recent years, completion grants emerged as a practice that motivated widespread adoption; in Georgia it even led to state legislation. In this study, more than 2,000 students across 11 public universities received financial support, collectively representing an expenditure of at least \$2,000,000. Will other investments like these yield dividends? This study casts doubt.

However, these results do not mean that money does not matter to students or that all financial aid is ineffective. They also do not suggest that adding more program requirements would generate bigger effects. Other studies find that simpler programs are often more effective, and there is emerging promising evidence that emergency aid—a far more nimble and responsive approach to student need—may pay off (Anderson, 2021; Evans et al., 2017).

Rather, the most important lesson from this study is that higher education leaders and policymakers need to carefully pilot and rigorously evaluate programs when allocating resources. In a sector where sorting—into colleges, programs, and degrees—is widespread, it is difficult but essential to test for efficacy in ways that minimize selection bias. Universities may appear to have effective programs by restricting access to those programs to students already likely to succeed. In an age of inequality, resources must be allocated in ways that work against that bias and focus where they can make the biggest difference. Current financial aid standards—which direct more resources to full-time students, those with higher grades, or those who are farther along in their programs, or assess need only among students who can complete complex forms—may be undermining financial aid’s potential return on investment. Future research should consider the effects of directing financial aid to students who appear to be behind, rather than ahead, and to students who demonstrate direct and immediate need.

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